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## IMPT DATES

Fall Break  
October 20—23

PsychFest  
October 28  
2:30—4:30

Gil Internship Deadline  
October 31

Thanksgiving Recess  
November 23—27

Last Day of Class  
December 7

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# Psychology & Neuroscience Undergraduate Newsletter

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## Student Spotlight



Meet **Ellie Scialabba**, a senior pursuing a B.S. in Psychology and a double-minor in Geography and Religious Studies. Ellie works in the laboratory of Dr. Steven Buzinski, studying self-regulation.

**Tell us about your research.** My current project seeks to examine factors that affect goal attainment. This involves analyzing how different types of goal monitoring and the number of means involved influence the probability of an individual engaging in goal congruent behavior, thereby affecting his/her likelihood of achieving that goal. Such research is important because it may help to illuminate factors that hinder or facilitate goal

execution, leading to increased understanding of how individuals can more successfully pursue their goals.

**What is the most valuable lesson you've learned from this experience?** Research is never entirely perfect or complete. Dr. Buzinski always emphasizes that one can always revise something further and make it better. The nature of research is constantly changing and expanding, and a researcher needs to be ready to adapt to that.

**What encouraged you to get involved in research?** In the fall of my sophomore year, I took Dr. Buzinski's Social Psychology class and absolutely loved it. His lectures were so engaging and relevant to everyday life that I felt inspired to get involved!



## Meet a Gil Intern!



Meet **Chloe Bryen**, one of our Fall 2016 interns with the [Karen M. Gil Internship Program in Psychology and Neuroscience](#).

Chloe Bryan is a Psychology major from New Jersey and is interested in health psychology and mental health advocacy. She is currently completing an Honors Thesis in Dr. Mark Hollin's somatosensory laboratory and is studying pain perception and memory. Chloe is a Gil Intern this semester at the North Carolina Psychological Association (NCPA).

The NCPA focuses on protecting the rights of psychologists and the field of psychology in general. The NCPA is made up of various boards, which work on topics like licensure, insurance issues, patient policy, and community outreach. Chloe works under the Executive Director, Sally Cameron, and has been integrated into the Joint Insurance Committee and the Division of Independent Professional Practice.

"I spend much of my internship research issues that come up for these boards and I present my research during committee meetings. These meetings have given me the opportunity to interact with many prominent psychologists in North Carolina," says Chloe. One of the issues she's researched is the Health Information Exchange, proposed under the Affordable Care Act. This idea would require all mental health providers who accept Medicaid to electronically upload patient records, including session notes, as an information exchange with other healthcare providers.

Chloe explains, "While this has some benefits to the patient and psychologists, there are also many privacy issues with this proposed plan. I presented the pros and cons of this new law to multiple committees at the NCPA. Recently, I have begun researching licensure in each state and will also be working with the Public Education Committee to help educate people about the importance of psychology as a profession and science."

In the future, Chloe hopes to attend graduate school for clinical psychology, with a focus on chronic illnesses. She plans to continue to working in policy and advocacy throughout her career. Chloe says, "This experience has allowed me the opportunity to learn more about psychology by working in the field while giving back to the community. I know that my experiences as a Gil Intern will help me with my future career."

### **Interested in becoming a Gil intern? Applications for the Spring 2017 Cohort are due Oct 31.**

The Karen M. Gil Internship Program offers undergraduates students an opportunity to deepen their understanding of psychology and develop professionalism skills. The Gil Internship places students in a worksite in the Chapel Hill area, offers a monthly stipend, and a 3 hour course credit toward the Psychology major. [Learn how to apply and the requirements for eligibility.](#)

UNC's Psychology Club is sponsoring [PsychFest](#) to answer all of your questions about research and to help you find a research lab to join for undergraduate research experience!

Join us on **Friday, October 28, 2:30—4:30 in Davie Hall's main lobby**, to meet one-on-one with faculty members and graduate students. They will be on-hand to tell you about their research and how you can get involved. This is a great opportunity for anyone interested in doing research and one of our most popular events!

*PsychFest  
2016!*



## *New PSYC Course Offerings!*

Sign up for **PSYC 490** “Understanding Brain Circuits” this Spring 2017! This course will be taught by Dr. William Snider on Tuesdays and Thursdays.

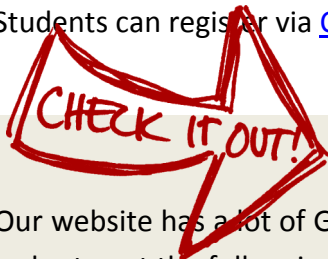
This course is designed for upper-level undergraduate students who are interested in systems level neuroscience. PSYC 490 will provide excellent preparation for graduate students in neuroscience or psychology and for the neuroscience curriculum in medical school. Students will explore the anatomical and functional characteristics of brain circuits that control movement, somatosensation, vision, hearing, homeostasis, and memory. Correlations will be drawn between circuits in rodents and corresponding circuits in humans. Finally, students will have the opportunity to examine the diseases affecting specific neural circuits such as ALS and Parkinson’s Disease.

Students can register for this course in [ConnectCarolina](#)! Contact [Dr. Snider](#) with any course questions.

Another **PSYC 490** is available this Spring 2017! This course titled, “Sex and Gender,” will be taught by Dr. Patrick Harrison on Mondays, Wednesdays, and Fridays.

This course provides students an in-depth examination of psychological research and theory pertaining to the influence of gender on the lives of men and women. Emphasis will be placed on understanding gender as a social psychological construct. Students will explore the psychological and behavioral differences and similarities between men and women and the origin of gender differences. The course will allow students to learn about how gender and sexism, and how it affects the lives of women and men in their careers, relationships, development, and in academia. Students will begin to (re)consider how gender impacts their everyday lives.

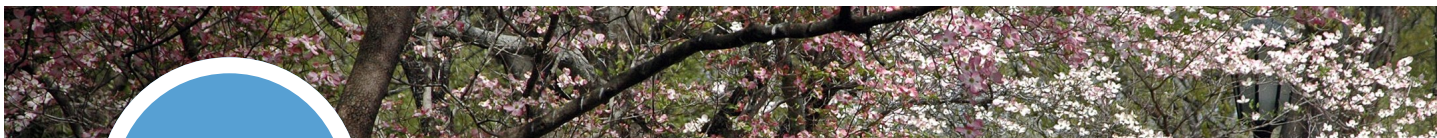
Students can register via [ConnectCarolina](#)! Please email [Dr. Harrison](#) with any questions about the course.



### **Visit Psychology and Neuroscience online!**

Our website has a lot of GREAT information for our undergraduates. Here are some pages you should visit in order to get the full major experience! [Visit our website](#), [like us on Facebook](#), or [follow us on Twitter](#)!

- \* Ever wondered what you can do with a major in Psychology? A B.A. or B.S. in Psych can provide useful in a variety careers! Learn about your [potential career options](#) with entry level salaries!
- \* Studying Abroad is a learning experience unlike any other! College is the perfect time to discover different cultures, gain useful language skills, and explore! You can [study abroad](#) in over 70 countries, take PSYC courses internationally, and some of our Psychology faculty can even go along with you!
- \* Have you thought about joining a major-related club? What about volunteering in the community? Both are excellent additions to your resume, and can also provide you with new skills, experiences, and even friends! [Find a club or volunteer opportunity](#) perfect for you.
- \* [Undergraduate research](#) is a great way to get involved in a laboratory and prepare for graduate school. Find out how to find a research mentor, share your research, and seek funding as an undergrad!



## 23rd Psychology Conference

The 23rd NC Psychology Undergraduate Conference will be held on **Saturday, November 5th 10:00 a—4:30 pm** at **NC A&T State University in Greensboro**.

This is a great opportunity for undergraduates to learn about working in psychology, getting into graduate school, and to talk to graduate school representatives!

Registration fee is \$30 and includes lunch and materials. [Registration forms are available online](#). Questions? [Email Carol Kulwicki](#).

## Undergraduate Research Opp!

Interested in participating in undergraduate research and earning course credit in Spring 2017? [Sign-up for PSYC 395!](#)

This is an excellent opportunity to work with graduate students and faculty members! Conducting hands-on research helps undergraduates develop a deeper understanding of psychological research methods and to prepare for graduate school.

To sign up for PSYC 395, submit [an application](#) to Rachael Hall before January 12, 2017.

## Jobs & Other Opportunities

Looking for a post-baccalaureate position in psychology? Check out an [online database of active positions](#)! You can also subscribe by email to be notified of new postings. This is a great resource for new graduates!



The Direct Action and Research Training Center will be on-campus Tuesday, October 25 at 6 PM in the Campus Y to discuss careers in community organizing and working for social, economic, and racial justice. [RSVP online to attend](#).



The Undergraduate Research Journal of Psychology at UCLA is accepting submissions of original undergraduate research papers to be published for its Spring 2017 issue. The deadline for submission is October 16. [Submit online now!](#)



The Community Psychiatry Program for Research in implementation and Dissemination in Evidence-Based Treatments at the Massachusetts General Hospital is accepting applications for a full-time Clinical Research Coordinator. Candidates must have a Bachelor's degree. To apply, email your CV and cover letter to [Kaylie Patrick](#).



Camp Royall is searching for UNC psychology majors to apply as afterschool counselors. This is a part-time position working at a camp with individuals on the autism spectrum during the school year, Monday through Friday, 2 pm—6 pm. Camp Royall is located in Moncure, about 30 minutes from Chapel Hill. [Learn more about the position and apply online](#).



APPLES Spring Internship applications are open! Students commit to working 150 hours, or about 10 to 12 hours per week, with a community or government organization, earn \$1,200, and participate in a three-credit hour course offered through the School of Social Work, which fulfills the experiential education requirement. For more information about internship positions, [visit APPLES Spring Internships online](#).



Best Colleges offers an online guide, [Scholarships for Psychology Majors](#), which takes a look at college financing options for Psychology majors and includes a look for federal student aid, a glimpse into the field of psychology, and \$225K in featured and segmented scholarships.

