

October
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THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL



Psychology & Neuroscience Undergraduate Newsletter

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EVENTS

Neuroscience Club
October 19 | 7:30 pm
Hamilton 100

Psychology Club
October 22 | 5:30 pm
Davie 112

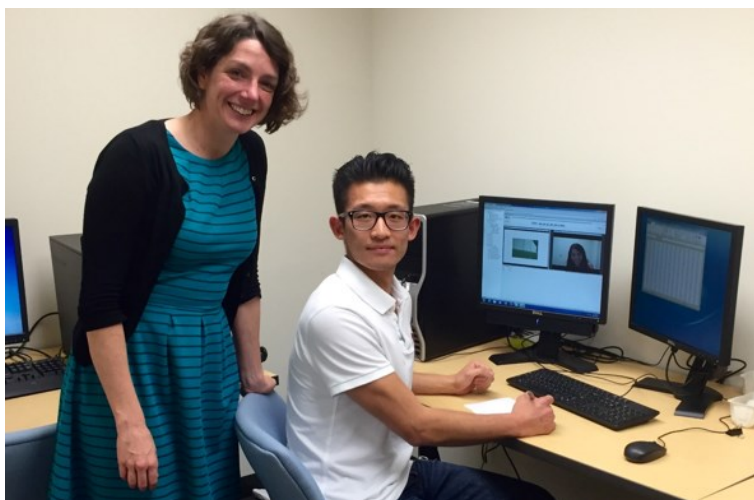
PsychFest
October 23 | 3—5 pm
Davie Lobby



Student Spotlight

Meet **Yidou Wan**, a Psychology Major (2016), who is currently doing research in the laboratory of Dr. Sara Algoe.

Tell us about your research. The research involves studying how different types of emotions work in context, especially with romantic partners, has implications for improved communication, less stress, more pro-social behavior, stronger social connections, and better health.



What do you like most about research? I like the major focus on emotions. Studying how emotions affect social interactions really fascinates me. We can also apply what we learn in the lab to our own real-world situations, like when we interact with friends, romantic partners, and co-workers.

Do you think people have any misconceptions about undergraduate research? A lot of my friends have misconceptions that psychology labs only focus on the diagnosis and treatments for people who have mental illnesses. However, many laboratories are actually closely related to our day-to-day lives. The most valuable lesson I have learned from the lab is that research can be fun! It gives you the opportunity to immerse yourself in a subject that you are truly interested in.



Confessions of a GILer

Meet **Megan Villegas**, a Fall 2015 Intern with the Karen M. Gil Internship program in Psychology.



Megan is working as a Gil Intern at the UNC Center of Excellence for Eating Disorders (CEED). Founded in 2003, CEED is a comprehensive eating disorder research and treatment center, world-renowned for their influential contributions to the field of eating and weight disorder research and for providing their patients with the highest standard of evidence-based care.

Megan works as a coordinator for the Embody Carolina Study, a UNC student-run training workshop that aims to address a deficit in the care of college campuses by tapping into an underutilized resource: college peers. By teaching students about eating disorders and the ways in which they may approach and support struggling peers, Embody Carolina aims to improve the detection of individuals with eating disorders, and increase the likelihood that they will seek appropriate care.

Her experience at CEED is preparing Megan for a prospective career as a researcher. She says, “As coordinator, I am becoming more knowledgeable about how researchers develop and test novel strategies for eating disorder prevention and intervention. I consider this experience incredibly valuable, as I hope to one day conduct similar research of my own.”

Megan enjoys her Gil Internship placement at CEED. She says, “I am excited to continue my work with CEED and to enhance my ability to conduct, research—both broadly and in the field of eating disorders.” Our Gil Internship is a rewarding experience! Read more experiences [online](#)!

Apply for the Spring 2016 Gil Internship!

The Karen M. Gil Internship Program in Psychology offers undergraduate students an opportunity to deepen their understanding of psychology and develop professional skills. The Gil Internship places students at a worksite in the Chapel Hill area, offers a monthly stipend, and a 3-hour course credit towards the Psychology major. **Applications are due by 4:00 pm on October 26, 2015. Learn more about the program and [apply online](#)!**

Liz Bailey, featured above, and others can tell you that the Gil Internship is a unique experience! As a Gil Intern, you will learn more about research in Psychology, build your resume with experience, and even work on completing your major requirements.

To be eligible for the Gil Internship, you must be a Psychology major, a junior or senior, have completed PSYC 101 and two additional PSYC courses, have a minimum GPA of 3.4, and demonstrated knowledge of psychology, professionalism, and motivation to contribute and learn in the program.

Our Gil Interns have worked at many exciting sites in the Triangle! Some of these internship sites have included Neuro Image Research and Analysis Laboratories, Chapel Hill-Carrboro City Schools, Veritas Collaborative, Horizon Performance, Neurocognition and Imaging Research Lab, TEACCH Autism Program, RTI International, Carolina Institute for Developmental Disabilities, and UNC Center for Eating Disorders.



PsychFest 2·0!

Psychology Club is sponsoring a two day event called PsychFest to answer all of your questions about research and to help you find a research lab to join.



On **October 22** at 5:30 pm in Davie 112, Dr. Marsha Penner, our Director of Undergraduate Research, will explain the process of getting involved in research for course-credit while graduate and undergraduate students share their tips for successfully finding research mentors.



On **October 23**, come visit us in Davie Hall Lobby from 3:00 to 5:00 pm. This is your chance to meet one-on-one with faculty members and graduate students from a variety of Psychology and Neuroscience Programs, including Behavioral Neuroscience, Clinical Psychology, Cognitive Psychology, Developmental Psychology, Quantitative Psychology, and Social Psychology. Our faculty will be available to tell you about their research—and how YOU can get involved!



This is a great opportunity for anyone doing research—and one of our most popular events! We hope to see you there!

Jobs & Other Opportunities

The Social and Moral Cognition Lab at Columbia University welcomes applications for a Lab Manager position.

Requires a BA or BS in psychology, cognitive science, or related discipline. Email larisa.heiphetz@bc.edu for more information.



A full-time Research Assistant position is available at Duke University's Global Health Institute.

Bachelor's degree and some previous clinical research experience are required. A background in psychology and/or neuroscience is preferred. Questions can be directed to [Christina Meade](#).



Northeastern University's Communication Development Lab has an open position for a full-time Lab Manager to oversee all aspects of daily research activity in the laboratory.

Start date is October 2015. Contact [Dr. David Lewkowicz](#) with questions.



The International Student Volunteers is a non-profit that organizes volunteer abroad programs for university students. For Summer 2016,

ISV has 4-week programs in six countries, including Australia, New Zealand, South Africa, Costa Rica, the Dominican Republic, and Thailand.

Students complete 80 hours or volunteer work in social community development or conservation during the first two weeks. The second two weeks are for exploring the student's new host country and participating in adventure activities.

Questions should be directed to Judy Tseng at judy.isv@gmail.com.



NC Psychological Foundation and North Carolina Central University's Department of Psychology are hosting the 22nd Psychology Undergraduate Conference in Durham, NC on Saturday, November 14th.

Undergraduates should register to attend to learn about working in Psychology, the GRE, and to talk to graduate school representatives! [Register now!](#)

There is also a poster session for undergraduates and graduate students. The poster session will be 12:00—1:30 pm on Saturday, November 14th. Abstracts should be submitted to [Carol Kulwicz](#) at by October 16th.

