



DEPARTMENT OF PSYCHOLOGY

2014

Psychology

newsletter/2014

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The University of North
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KAREN M. GIL INTERNSHIP PROGRAM IN PSYCHOLOGY LAUNCHES WITH INAUGURAL COHORT OF INTERNS

This fall we officially launched the Karen M. Gil Internship Program in Psychology, which was no small feat considering the program was merely an idea exactly one year ago.

The program, headed up by Dr. Steve Buzinski (Director) and Dana Ripperton (Program Manager), placed ten conscientious and motivated psychology students at different worksites throughout the Triangle area. The students, who work nine hours per week off campus and take a one-hour per week on-campus internship class, have various responsibilities ranging from technology usability research to forensic psychology, statistical modeling of addiction behavior, treating adult ADHD, teen eating disorders, and investigating the influence of isolation on prisoners.

Senior Brooke McKenna is a social psychology intern at Horizon Performance, a consulting firm that helps organizations identify and evaluate high potential personnel. Brooke is working specifically on projects for the United States military, University of Washington School of Medicine and the Texas A&M athletic program. "My experience at Horizon has been really amazing," Brooke says. "I'm not just making copies and going on coffee runs. I feel like a valued member of my team and am given responsibilities equivalent to those of full time employees."

The internship program was made possible by a private gift to the College from an alumnus. That gift allows the program to pay Gil Interns a stipend for their work. Interns also receive 3 hours' worth of course credit.

In the classroom component, which is taught by Dr. Buzinski, students participate in professional development workshops and critically reflect on their experience on a weekly basis in order to prepare for an end of semester intern showcase. "I knew



Senior Brooke McKenna collaborates with her supervisors at Horizon Performance.

there would be some common anxieties at the start of this experience," says Dr. Buzinski. "The class provides a great opportunity for our students to come together as a small group and discuss issues and anxieties, but also big wins, new relationships, responsibilities, and knowledge. For instance, during our first meeting we talked about anxieties and unknowns, and then brainstormed ways to productively address them, which I think was really helpful for everyone."

(Continued on Page 2)



Fall 2014 Gil Interns with Director Steve Buzinski and Internship Manager Dana Ripperton



This summer, members of the Psychology Department participated in the ALS Ice Bucket Challenge in honor of our professor and colleague, Dr. Steve Reznick, who was recently diagnosed.

KAREN M. GIL INTERNSHIP PROGRAM IN PSYCHOLOGY LAUNCHES WITH INAUGURAL COHORT OF INTERNS

(Continued from Page 1)

Being accepted into the program is rigorous. Only 10-12 students are accepted each semester and those chosen must maintain an overall GPA of 3.4 or higher, as well as have completed Psychology 101 and at least 2 additional psychology courses. This semester's group of interns has an average 3.7 overall GPA.

Dr. Buzinski and Ms. Ripperton have worked diligently over the past six months to develop the program from scratch. Within that time, they built the classroom course, created a web and social media presence (including a LinkedIn page which will allow them to track alumni of the program), recruited and secured worksites in all six subfields of UNC's psychology department, finalized the application and selection processes for both students and worksites, advertised and marketed the program on- and off-campus, produced policies and procedures, incorporated university and legal guidelines, and developed evaluation procedures to measure growth and success.

"Our long-term vision is that the Karen M. Gil Internship Program in Psychology will not only become a model internship program at Carolina, but also state and nationwide," says Ms. Ripperton. "We're working to create a recognizable brand that has salience and importance not only to our interns but to the community as a whole."

"We're developing positive and mutually beneficial relationships with entities outside of the UNC campus that offer the potential for future collaboration," adds Dr. Buzinski. "One day, a Gil intern from the class of 2015 could be hiring a Gil intern from the class of 2025."

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Greetings

from DAVIE HALL
and THE DEPARTMENT of PSYCHOLOGY!

Greetings from Davie Hall! I'm pleased to report that we are entering an exciting new phase for Carolina Psychology. The quality of our programs and the strength of our research are evidenced by the fact that our department stays ranked at 12th in the nation by U.S. News & World Report and was recently ranked 1st in the National Science Foundation survey for total Research & Development funding.

This fall, we began a multi-million dollar renovation to Howell Hall, which will improve the department's research infrastructure by adding critically needed 'wet lab' facilities, providing facilities that enable collaborative research endeavors, and housing state-of-the-art neuroscience equipment to keep the department on an upward research and funding trajectory.

We've also officially launched the inaugural semester of the Karen M. Gil Internship program in Psychology. With 10 incredibly bright and talented interns placed at various locations throughout the Triangle area, the department is thrilled to see this program come to life. I would be remiss if I did not note that the Gil Internship Program was made possible by a major gift from a Carolina alumnus. We are very grateful and eager to provide this unique kind of opportunity to our outstanding undergraduate students. See page 1 for more details on this exciting new program.

Next fall, we'll begin offering courses to satisfy requirements for a minor in neuroscience which will be housed within the Psychology Department. The push to create a neuroscience minor began as a grassroots movement by undergraduate students in the Carolina Neuroscience Club, which currently has over 200 members. I've been impressed by the student initiative to get this project off the ground and their passion to transform the study of neuroscience at UNC-CH. I'd also like to add my personal thanks to Drs. Kelly Giovanello and Marsha Penner for working to develop courses that will appeal to students and flesh out the minor.

Our collective need still exceeds the state and federal funds that are available to us, and private funding continues to play a vital role in helping the Department capitalize on our many strengths. In this newsletter, you'll read about interesting and innovative research being conducted by our faculty and students and how private support from alumni like you makes those projects possible.

Private giving is crucial to maintaining the academic excellence of our department for current and future students, and unrestricted gifts provide us with the flexibility we need to do so. So much of what we do depends on the generous support we receive from alumni and friends of the department and we are appreciative of any gift, large or small. If you've already made a gift to the department this year, we thank you for your generous support.

I hope you enjoy hearing news from our department. When on campus, I invite you to visit us in Davie Hall.

Sincerely,

DONALD T. LYSLE, PH.D.
Chair of the Department of Psychology
Kenan Distinguished Professor



UNC-CH Psychology Addiction Research Spans Programs

According to the National Institute on Drug Abuse (NIDA), abuse of tobacco, alcohol and illicit drugs costs our nation over \$600 billion annually in costs related to crime, lost work productivity and healthcare. While national statistics say 40 million Americans over age 12 struggle with alcohol and drug addiction, there is much to learn about how the disease works. Neuroscience researchers in the department of psychology are studying how drugs and alcohol affect the brain and are designing strategies to help break the cycle of addiction.

To understand the physical changes addiction prompts in the brain Dr. Todd Thiele, professor and Behavioral Neuroscience Program Director, studies the interplay between protein-like molecules and binge drinking — consuming five or more drinks for men and four or more for women within two hours. His goal: seeing how binge drinking morphs the brain, igniting dependence.

“When we drink alcohol, there are changes in the systems of the brain,” Dr. Thiele said. “They’re transient changes after one episode, but after more drinking, those changes become rigid and long-lasting,” Dr. Thiele’s team measures the magnitude of such changes. Researchers also study the effects of the release of a neurochemical called corticotropin-releasing factor which plays a direct role in encouraging binge drinking behavior

Dr. Regina Carelli, Stephen B. Baxter Distinguished Professor, also studies how drugs impact the brain and behavior. Dr. Carelli serves on the National Advisory Council on Drug Abuse.

Her team uses electrochemistry to monitor dopamine activity. Dopamine is a neurotransmitter in the brain’s reward and pleasure centers. Dr. Carelli’s work shows that dopamine release occurs in response to drug cues, such as when an addict sees drug paraphernalia. While such cues often result in craving and relapse, Dr. Carelli has recently shown that prior experience with cocaine — even in relatively small amounts — can also profoundly alter normal learning. Such subtle deficits in learning may prohibit addicts from selecting behaviors that will maximize adaptive long-term goals over their short-term desire to take drugs.

The Clinical Approach

UNC’s neuroscience efforts extend beyond the lab. Several faculty are merging scientific research with clinical activities, designing neuroscience-based methods and interventions to treat addictions. For example, associate professor Dr. Stacey Daughters uses advanced diagnostic



Dr. Regina Carelli and colleagues are tackling the complex problem of substance abuse and addiction. Photo by Steve Exum.

imaging strategies to monitor how the addicted brain responds to stress, particularly among human cocaine users.

“We can look at the neural indicators of distress tolerance,” Dr. Daughters said. Distress tolerance refers to a person’s inability to tolerate negative emotional states, such as feelings of irritability and anxiety that often result in relapse of drug use in addicts. The theory behind Dr. Daughters’ study is that individuals with poor distress

tolerance have lower functional levels in the brain areas that control decision-making and goal-directed behavior. The inability to manage stress can lead to relapses in substance use.

But addiction is notoriously difficult to treat and relapse is common. That is why Dr. Andrea Hussong, psychology professor and Center for Developmental Science Director, is studying the factors that lead up to addiction. By understanding these factors, better programs can be designed to prevent addiction, especially in those who are most vulnerable. The work of Dr. Hussong and psychology professors Dr. Patrick Curran and Dr. Dan Bauer, shows that on average children of alcoholics have greater emotional and behavioral problems than their peers by age 2 and that those problems persist into adulthood. These emotional and behavioral problems, in turn, are linked to risk for addictions beginning in adolescence.

Dr. Hussong and her colleagues are designing and validating tools to facilitate data sharing and analysis which can help prevent these problems from arising. By working with mothers who are in residential treatment for addictions and their pre-school aged children, this research team is working one-on-one with families to help their children succeed.

“Overall, UNC’s psychology faculty are making significant headway in demystifying the cloud of addiction, and shedding needed light on the neurobiology of this chronically relapsing disorder,” Dr. Carelli said.

A longer version of this article appeared in the spring 2014 issue of *Carolina Arts & Sciences* magazine.



How Does Facebook Affect Body Image?

It has been said that we struggle with insecurity because we compare our behind-the-scenes footage with everyone else's highlight reel. This is exactly the sentiment that Dr. Anna Bardone-Cone, associate professor in the Clinical program, hopes to prove. According to a recent Bloomberg article, Americans now spend an average of 40 minutes a day checking their Facebook feed. Along with her students, Dr. Bardone-Cone has developed a study that measures how social media, Facebook specifically, affects the body image of individuals who describe themselves as perfectionists when it comes to self-presentation.

"It's so easy to compare yourself with others on social media," Dr. Bardone-Cone says. "These days, people understand that when they open up a magazine, what they see is not an accurate portrayal of the person who was photographed. What isn't as salient is that airbrushing and Photoshop happen on Facebook as well, and not just with celebrities, but with our friends."



Dr. Anna Bardone-Cone

The study divided college-aged men and women into groups based on how they were instructed to view Facebook and whether or not they were given "media literacy" training. Participants were asked to spend 10 minutes either viewing the Facebook pages of their same-sex friends or viewing the Facebook pages of their five most attractive same-sex friends. Then, they were assigned to either media literacy training, where they watched a video and read an article explaining that many people only post their best photos or use editing tools to make themselves look better, or to no media literacy training (instead, a video and article about the growth of Facebook).

The findings for the male population were unexpected. Dr. Bardone-Cone's lab predicted that those who had been given the media literacy training would feel better about their bodies; however, males in this group reported feeling worse. In particular, men who viewed the Facebook pages of attractive friends and who were perfectionistic about how they presented to others reported more muscle dissatisfaction if they received media literacy training. Dr. Bardone-Cone is now exploring whether the study inadvertently drew attention to how much time and effort people put into appearance on Facebook, something that men perhaps are less aware of, which could result in the study participants feeling inadequate. Dr. Bardone-Cone plans to continue these social media studies and eventually relate them back to her research on eating disorders.



Clinical Grad Student Designs Couple-Based Intervention for Patients with HIV in South Africa

In the last 15 years, the push for medical treatment of HIV in Africa has been highly publicized. More recently, researchers have begun to emphasize the detrimental mental health consequences that often accompany an HIV diagnosis. Clinical graduate student Jennifer Belus is focusing her dissertation on a brief couple-based intervention to treat depression in rural, South African women living with HIV.

The goal of the intervention is two-fold: treat depression and encourage medication adherence. Although the study does not target male partners, Jennifer hypothesizes that the treatment services could have positive

downstream effects for them as well, including getting tested more regularly.

"I think there is a real need for Clinical psychology graduate students to have opportunities to be exposed to mental health issues on a global scale," Jennifer says. "Medical students complete rotations around the globe and are therefore able to obtain an international perspective on their work, but I see that as an arena where psychology is really lacking."

Jennifer plans to partner with the Human Sciences Research Council, located in South Africa, to conduct the study and is currently acquiring funds to carry out Phase I during the summer of 2015.



Jennifer Belus in the Valley of a Thousand Hills, South Africa in summer 2014.

Cognitive Graduate Student Conducts Research on Concussions and Memory Impairment in Retired NFL Players

Third year Cognitive graduate student Eleanna Varangis grew up watching Notre Dame football alongside her grandfather. When she learned about the concussion research Dr. Kevin Guskiewicz and Dr. Kelly Giovanello are doing with retired athletes at UNC-CH, she knew she wanted to be a part of it. "As a huge football fan, it's exciting that I am able to participate in research that emphasizes the importance of injury management," Eleanna says. "We all want to see players out there making touchdowns for the team, but it's vital we also think about long term health effects that can manifest once they're off the field."

Eleanna is currently working with Dr. Guskiewicz and Dr. Giovanello on a study that uses fMRI scans to analyze memory function in retired NFL and college football players, ages 50-65. They are looking at whether concussions, or cumulative exposure to head impacts, are responsible for memory differences in these aging athletes. The study utilizes neuropsychological and genetic tests as well as brain scans to collect data.

The findings are controversial. While recent publications suggest that general football-related head injuries can put players at a higher risk for memory impairment and mental health concerns, Eleanna's group has found that concussions are the biggest factor in accounting for differences in memory function. This research has the potential to influence game



Dr. Kevin Guskiewicz reviews neuroimaging findings at the Matthew Gfeller Sport-Related TBI Research Center.

policies that are currently under review by the NFL and provide further caution toward assessment of concussions on and off the field.

Why I Give

Ben Hammett, Ph.D., class of 1969

I give to the Department of Psychology because I know firsthand what a difference the University of North Carolina at Chapel Hill has made in the lives of its students and I believe it is my responsibility as an alumnus to ensure that the Carolina experience remains a valuable and highly coveted one for future generations.

I have chosen to give annually to the psychology department as a small token of my great appreciation for Grant Dahlstrom's key contributions to developing the Minnesota Multiphasic Personal Inventory (MMPI), his mentoring of me and my classmates and his serving on my dissertation committee. I am confident that his guidance, combined with that of many other professors who took a keen interest in my professional development, set me on the path to a deeply satisfying and successful career as a clinical psychologist in my native state of California. Even in my retirement, I remain proud of the solid and lasting reputation of the psychology department and often implement the principles I learned at UNC-CH through my volunteer work with the California Academy of Sciences in San Francisco.

I recognize that my money goes towards projects that cannot be financed through tuition or state support, and might otherwise never get off the ground. My wife, Ruth, and I feel strongly that every Carolina student should receive the same exemplary education I enjoyed and we are honored to play a small role in that. Go Tar Heels!



Ben and Ruth Hammett

FOR UNC DEVELOPMENTAL PROFESSOR, COLLABORATION IS KEY

Dr. Lilly Shanahan is a big proponent of collaboration. Without it, her research program on depression and anxiety in children and adolescents could not make some of the important advances that are currently needed in this field.

Dr. Shanahan routinely works with other professors and students in pediatrics, psychiatry, anthropology, exercise physiology, nutrition, sociology, and biostatistics at UNC-CH, Duke, and UNC-Greensboro. She feels that these colleagues bring invaluable viewpoints on human development to the table. "Solid advances in research depend on perspectives from multiple disciplines to understand mental and physical health development in children and adolescents," she says.

Dr. Shanahan is interested in how stress pathways during childhood and adolescence increase the likelihood of mental and physical health problems later in life. Her focus is on depression and anxiety, which are quite common during the early life course. In adults, these mental health problems often co-occur with cardiovascular disease risks like obesity and hypertension, but much less is known about these connections in children and adolescents. Given these interests, it's natural that she'd choose to partner with faculty from different arenas of the social and health sciences.

Studies show that approximately 40% of children meet diagnostic criteria for psychiatric disorders by age 16, but many don't receive appropriate services. Dr. Shanahan's research shows that inaction can have far-reaching



Students in Dr. Lilly Shanahan's lab demonstrate components of a study. (From left: Vanessa Volpe, Jacek Kolacz, Jasmine Plott, Carmen Bondy and James Janssen)

consequences. Effective communication through interdisciplinary labs may help to minimize these common problems and alter the way in which we view and treat mental and physical health issues in the future.

Carolina Psychology YOUR SUPPORT IS ESSENTIAL!

The Department of Psychology gratefully thanks the generous donors who have supported its students, faculty, and programs over the years. Our success is largely dependent upon these donations and your continued support is needed.

Gifts to the Psychology Department Annual Fund are used at the discretion of the Chair and are directed to where the need is greatest. Please consider making a donation today to help us:

- Update our equipment and research space so that we can provide undergraduates with the best education possible and maintain our cutting edge research programs.
- Continue to recruit the best faculty and students to the department.
- Provide graduate student funding as budget cuts have significantly reduced student support.
- Retain our top-notch faculty.

If you have questions about giving to Psychology or would like additional information, please contact Kiley Moorefield, Associate Director of Development, Arts and Sciences Foundation, at kiley.moorefield@unc.edu or (919) 843-4454.

We are extremely grateful to all our friends and donors for their generosity. Private gifts play a critical role in the success of our department.

You can send your tax deductible gift today by using the enclosed envelope. Thank you for your support!

BEHAVIORAL NEUROSCIENCE GRADUATE STUDENT HOPES TO FIND MORE EFFECTIVE TREATMENT FOR PTSD SUFFERERS

Post-traumatic stress disorder (PTSD) has huge emotional and fiscal ramifications for our society. According to the U.S. Department of Veterans Affairs, approximately 20% of combat veterans of the Iraq and Afghanistan wars suffer from PTSD. Meghan Jones, a third year graduate student in the Behavioral Neuroscience program is working with animal models to study the neurobiological mechanisms that underlie PTSD.

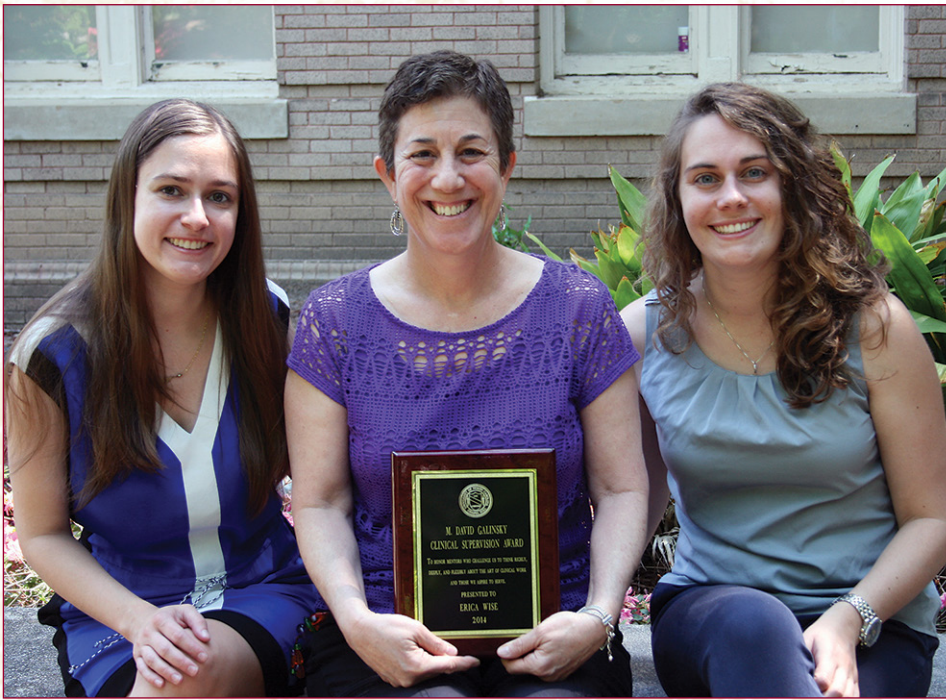
Currently, there is no reliable treatment for PTSD. "Sufferers rely largely on psychotherapies or the prescription of common anti-anxiety or depression medication that only mitigate some of the symptoms of PTSD," Meghan says. "Our research works to uncover the underlying neurobiological mechanisms that drive the development of PTSD to cultivate more targeted preventative pharmacotherapies in order to cure PTSD at the cellular level."

Data from the Lysle Lab suggests that immune function within the central nervous system may be a key factor in



Meghan Jones, a third year graduate student in the Behavioral Neuroscience program

the development of PTSD. Cytokines, immune molecules traditionally known for their role in the periphery in defense against infection and disease, have recently been revealed as important signaling molecules in the brain. These molecules can be released following a stressor and act as neurotransmitters that drive anxiety and a hypersensitivity to fear that is seen in PTSD. Meghan is hopeful her research can someday be applied for veterans and other sufferers of PTSD.



Dr. Erica Wise (pictured with clinical graduate students Christine Paprocki and Laura Fabricant) received the Galinsky Award, which recognizes outstanding clinical supervision and is given by students in appreciation for an exceptional contribution to training.

CONGRATULATIONS TO OUR PH.D. GRADUATES!

STUDENT	PROGRAM	FACULTY ADVISOR	YEAR
Erol Ozmeral	Cognitive	Peter Gordon	2013
Katy Harper	Clinical	David Penn	2013
Brittain Mahaffey	Clinical	Jon Abramowitz	2013
Julia Shadur	Clinical	Andrea Hussong	2013
Hillary Langley	Developmental	Peter Ornstein	2013
Tim Perry	Clinical	David Penn	2013
Audrey Wells	Behavioral Neuroscience	Rita Fuchs Lokensgard	2013
Daniel Harper	Behavioral Neuroscience	Mark Hollins	2014
Maria Martinez	Clinical	Eric Youngstrom	2014
Bharathi Zvara	Developmental	Martha Cox	2014
Elizabeth Adams	Developmental	Beth Kurtz-Costes	2014
Matt Lowder	Cognitive	Peter Gordon	2014
Courtney Cameron	Behavioral Neuroscience	Regina Carelli	2014
Jessica Cuellar	Clinical	Deborah Jones	2014
James McGinley	Quantitative	Patrick Curran	2014
Alison Burns	Clinical	Andrea Hussong	2014
Ellen Fitzsimmons-Craft	Clinical	Anna Bardone-Cone	2014
Nicole Fenton	Clinical	Don Baucom	2014

UNC CLINICAL PROGRAM CONDUCTS LONGITUDINAL STUDY ABOUT SUICIDE PREDICTABILITY IN ADOLESCENT GIRLS

Though suicide touches all of us, it's rarely on the list of top conditions being funded and studied, and despite all we know it is still difficult to predict who will attempt suicide. Dr. Mitch Prinstein, John Van Seters Distinguished Professor of Psychology and Director of the Clinical Program, is currently conducting a longitudinal study in at-risk adolescent girls (ages 11-14) in effort to pinpoint predictors of suicide.



Dr. Mitch Prinstein,
Clinical professor

"Stigma is a huge barrier to suicide research," Dr. Prinstein says. "This is a public health issue where the victim isn't just the attempter, but everyone who loves and cares about him or her. I believe it could be stopped if more people were willing to talk about it openly and participate in research."

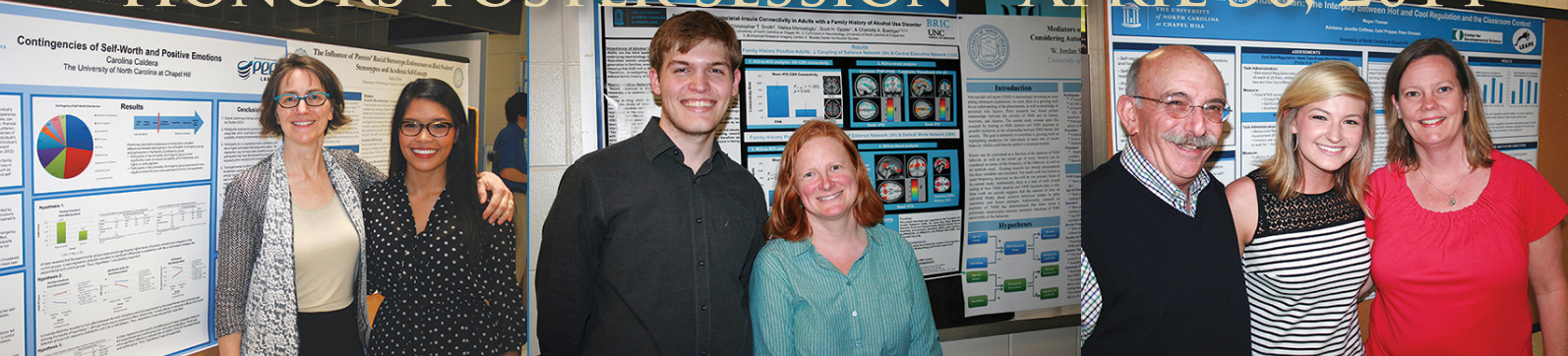
In the last 20 years, researchers have seen an increase in non-suicidal self-injury (NSSI) in adolescent girls, usually as a way to relieve negative emotions and stressors, and this behavior is closely tied to suicide attempts later on. Dr. Prinstein purports that anyone could be driven to suicidal ideation if enough circumstances compromise one's ability to handle stress. The study looks at the way participants react biologically, cognitively and interpersonally to stress by measuring recovery time, ability to successfully problem solve, and ability to elicit support from close friends.

The potentially high-impact study has proven to be both time and labor intensive. With close to 225 participants, the work has required researchers on all levels, including about 35 undergraduates each semester. "Not only is this study helping to answer questions about our research, it's providing valuable training experience to Carolina undergraduates," Dr. Prinstein says. In fact, he has supervised close to 30 undergraduates who have gone on to graduate programs in the field of psychology.



DEPARTMENT OF PSYCHOLOGY
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HONORS POSTER SESSION - APRIL 30, 2014



Dr. Barbara Fredrickson and her student, undergraduate Carolina Caldera. Carolina's honors thesis was titled "Contingencies of Self-Worth and Positive Emotions."

Dr. Charlotte Boettiger and her student, undergraduate Michael Parrish. Michael's honors thesis was titled, "Insula Connectivity in Adults with a Family History of Alcohol Use Disorder." Michael's poster was selected as one of the best at the Celebration of Undergraduate Research & is currently on display in the Undergraduate Library.

Dr. Peter Ornstein and Dr. Jennifer Coffman with undergraduate Megan Thomas. Her poster was titled "The Regulation of Pre-Kindergarten: The Interplay between Hot and Cool Regulation and the Classroom Context."



UNDERGRADUATE HONORS PROGRAM 2013-2014

Shown above are the 2013-2014 Undergraduate Honors Students, pictured with the faculty program advisors, Drs. Mark Hollins and Beth Kurtz-Costes.

GRADUATE STUDENT HIGHLIGHTS

Heidi Vuletich (Developmental and Social, advisors: Beth Kurtz-Costes and Keith Payne) is the first individual to have been admitted jointly by two programs as part of a new initiative to encourage the breaking down of boundaries among programs. She was also awarded the UNC Merit Fellowship through the UNC Graduate School.

Adam Hoffman (Developmental, advisor: Beth Kurtz-Costes), **Katie Perkins** (Developmental, advisor: Beth Kurtz-Costes), and **Elizabeth Adams** (Developmental, advisor: Beth Kurtz-Costes) won the Group Processes and Intergroup Relations Prize for the best poster presentation at the APA SPSSI (Society for the Psychological Study of Social Issues) 2014 Conference. The prize is given by SPSSI in conjunction with Sage Publications. The poster was entitled, "The Stability and Bidirectional Influence of Race Centrality in Black Youth and Their Parents."

Daniel Harper (Behavioral Neuroscience, advisor: Mark Hollins) was awarded the UNC Tanner Award for Excellence in Undergraduate Teaching. This award was established to recognize excellence in inspirational teaching of undergraduate students, particularly first- and second-year students.

Laurence Miller (Behavioral Neuroscience, advisor: Linda Dykstra) was recently appointed Assistant Professor in the Department of Psychological Sciences at Georgia Regents University.

Jazmin Brown-Iannuzzi (Social, advisor: Keith Payne) was recognized as the 2014 recipient of the Christopher R. Agnew Research Innovation Award. The Social Psychology faculty unanimously voted to recognize her for her highly innovative research on subjective social status, as exemplified in her article entitled "Objective and subjective socioeconomic status and health symptoms in patients following hematopoietic stem-cell transplantation," which will soon appear in *Psycho-Oncology*.

Erin Cooley (Social, advisor: Keith Payne and Chet Insko) received the Chester A. Insko Best Publication Award. The Social Psychology faculty unanimously voted to recognize her for her article entitled "Implicit bias and the illusion of conscious ill will," which appeared in *Social Psychological and Personality Science* in 2014.

Casey Calhoun (Clinical, advisor: Mitch Prinstein) was awarded the Division 12 Distinguished Student Service Award in Clinical Psychology. This award is given by the American Psychological Association and recognizes a graduate student in clinical psychology who has made outstanding service contributions to the profession and the community.

Casey Calhoun (Clinical, advisor: Mitch



From left to right: Maggie Balk, Rachel Butler, Suzanne Sherrill, Patrick Turner, Sheila Manning-Moss

NEW RESEARCH STAFF

Maggie Balk graduated from Reed College in May 2013 and is a Fulbright scholarship alumna (2013-2014). She currently serves as a research assistant in Dr. Anna Bardone-Cone's lab and works to define recovery from eating disorders.

Rachel Butler obtained a B.A. from UCLA in June 2014 and currently serves as the project coordinator in Dr. Anna Bardone-Cone's lab working to define recovery from eating disorders.

Sheila Manning-Moss obtained a B.A. in Community & Justice Studies and Peace & Conflict Studies with a minor in Psychology from Guilford College in 2005. She works in Dr. Barbara Fredrickson's Positive & Psychophysiology lab.

Tony Petruzzella (not pictured) graduated from Stockton College with a B.S. in Psychology in 2013 and from Stony Brook University with a

M.A. in Psychology in 2014. He works in Dr. Stacey Daughter's lab, which conducts research on stress, health and addiction.

Suzanne Sherrill obtained a B.S. from the University of Maryland and currently serves as the lab manager for Dr. Kate Reissner's lab, working to discover modifications in cellular physiology and neuronastrocyte communication. Before coming to UNC, Suzanne worked as a biologist at the National Institute of Mental Health.

Elina Thomas (not pictured) obtained her B.A. from North Carolina State University in 2011. She is working in Dr. Gina Carelli's lab researching the functional neural underpinnings of decision making and reward processing in normal and addicted states.

Patrick Turner obtained a B.A. in Sociology from UNC-CH in 2008. He is working in Dr. Deborah Jones' Family Health Lab as Project Coordinator of the Tantrum Tamers Research Study.

Prinstein) was elected as the American Psychological Association of Graduate Students (APAGS) Member at Large, Practice Focus. With this national position, Casey will be on the board for the entire APAGS association and will serve all psychology graduate students.

Donte Bernard (Clinical, advisor: Enrique Neblett) was a poster award winner at the Third Biennial APA Division 45 (Society for the Psychological Study of Culture, Ethnicity and Race) Conference. Award winners were chosen on the basis of "student poster presentations characterized by excellence in research, depth of understanding, and clarity in presentation." Donte received a \$500 monetary award and was publicly recognized during the Final Reception of the Conference for his poster entitled: "The Effects of Racial Discrimination and Racial Identity on the Imposter Phenomenon."

Sophie Choukas-Bradley (Clinical, advisor: Mitch Prinstein) was awarded an American Psychological Foundation Henry David Dissertation Grant. The grant was established to support young

psychologists with a demonstrated interest in the behavioral aspects of human reproductive behavior or an area related to population concerns.

Ellen Fitzsimmons-Craft (Clinical, advisor: Anna Bardone-Cone) received Body Image's Best Dissertation Award. The publication annually recognizes an outstanding doctoral dissertation on the topic of body image. The award is deservedly named for the late Dr. Seymour Fisher, whose scholarly contributions to the field were both seminal and prolific.

Melissa Jenkins (Clinical, advisor: Eric Youngstrom) received the Dean's Distinguished Dissertation Award, which recognizes exemplary scholarly work in doctoral dissertation projects.

Mian-Li Ong (Clinical, advisor: Eric Youngstrom) was the 2014 SSCP Varda Shoham Clinical Scientist Training Initiative Program Winner. The SSCP Clinical Scientist Training Initiative was created in 2011 to support innovative efforts to advance the integration of science into clinical

(Continued on Page 10)

ADMINISTRATIVE STAFF HIRES AND PROMOTIONS

Phil Lee joined the department in April 2014 as Grants Manager. Phil earned his B.A. in Communications from UNC-CH and joins us from the Department of Dermatology in the School of Medicine where he was responsible for cradle-to-grave grants administration.



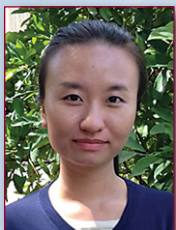
Lori Shamblin joined the Administrative Staff in April 2014 as Program Coordinator for the Developmental & Instructional Programs. Lori most recently worked as a Program Support Coordinator at George Washington University.



Rachel Sparks joined the department in January 2014 as Executive Assistant and Webmaster. She earned a B.A. in English at Clemson University. Before becoming a Tar Heel, Rachel worked in public relations in New York City.



Kylie Zhao joined us in August 2014 as an Accounting Technician providing support for the Clinical, Quantitative, and Social Programs. Kylie recently relocated to North Carolina from New Mexico where she received a Masters of Accounting from the University of New Mexico.



Alem Woretta became a member of the Administrative Staff in August 2014 as an Accounting Assistant. He is a recent graduate from UNC-CH with a B.A. in Economics.



Dana Ripperton moved into the role of Internship Manager for the Karen M. Gil Internship Program in Psychology from her former role as Program Coordinator in February 2014.

Christina Rodriguez moved into the role of Accounting Manager from her former role as Grants Manager in March 2014.

2013-2014 GRADUATE STUDENT EXTERNAL FELLOWSHIP AWARDS

Student	Program	Faculty Advisor	Awarding Agency
Carrie Adair	Social	Barbara Fredrickson	Mind & Life Institute
Sierra Banter	Quantitative	Patrick Curran	National Institute on Drug Abuse
John Casachua	Behavioral Neuroscience	Todd Thiele	National Institute on Alcohol Abuse and Alcoholism Diversity Supplement
Dominic Cerri	Behavioral Neuroscience	Regina Carelli	National Institute on Drug Abuse
Katy Higgins	Clinical	Anna Bardone-Cone	National Institute of Mental Health Diversity Supplement
Adam Hoffman	Developmental	Beth Kurtz-Costes	American Psychological Foundation
Suzannah Isgett	Social	Barbara Fredrickson	National Science Foundation
Keenan Jenkins	Social	Melanie Green	National Science Foundation
Shawn Jones	Clinical	Enrique Neblett	Ford Foundation Diversity Predoctoral Fellowship
Jason Kahn	Cognitive	Jennifer Arnold	National Science Foundation
James McGinley	Quantitative	Patrick Curran	National Institute on Drug Abuse
Jaqueline Nesi	Clinical	Mitch Prinstein	National Science Foundation
Erol Ozmeral	Cognitive	Peter Gordon	National Institute on Deafness and Other Communication Disorders
Elise Rice	Social	Barbara Fredrickson	National Science Foundation
Chelsea Schein	Social	Kurt Gray	National Science Foundation
Jessica Solis	Clinical	Andrea Hussong	National Institute on Drug Abuse
Audrey Wells	Behavioral Neuroscience	Rita Fuchs Lokensgard	National Institute on Drug Abuse
Bharathi Zvara	Developmental	Martha Cox	National Institute on Alcohol Abuse and Alcoholism

Shiqin Zhu moved into the role of Accounting Technician from her role as Accounting Assistant in April 2014.

POSTDOC ACHIEVEMENTS

Dr. Laura Widman was selected as one of the two "Best Young Investigators" for the UNC Center for AIDS research and will be representing UNC at the 18th Annual National CFAR Meeting this year. Dr. Widman was also awarded a K99 grant from the National Institute of Child Health & Human Development for her research regarding the reduction of HIV risk among adolescents.

Dr. Sabeen Rizvi recently completed her year with us on the Fulbright Fellowship and Nehru Fellowship programs. She continues to collaborate with the Mood, Emotion, and Clinical Child Assessment Laboratory.

GRADUATE STUDENT HIGHLIGHTS

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training programs at all levels. Winners of this award (typically 3 per year) are training programs (predoctoral/graduate, practicum/externship, internship, or postdoctoral levels) offering especially innovative, transformative, or impactful proposals to improve scientifically-grounded training. Funds are intended to support programs in launching new projects or supporting ongoing initiatives that are designed to more effectively integrate science and practice into their training program.

Christine Paprocki (Clinical, advisor: Anna Bardone-Cone) received the Wallach Award. The award is given each year by the Clinical Program to recognize an outgoing intern graduate student who has demonstrated excellence and superior accomplishment.