



The University of
North Carolina at
Chapel Hill

October 2013

Fall Semester

Psychology Undergraduate Newsletter

Greetings Psychology Majors!

Points of Interest:

- ◆ Alternative Spring Break
 - ◆ Employment & Volunteer Opportunities
- ◆ Graduate Programs
 - ◆ Trainings
 - ◆ Conferences



Need to speak with an
academic advisor in
Psychology?

Don't forget that advisor
contact info and office hours
are posted on the website in
the [undergraduate section](#).

Dear Students,

Can you believe that the fall semester is already half over? I hope you are all enjoying Fall Break, are relishing time with friends and family, and are getting caught up on your work – and/or sleep!

Please take a few moments to peruse the newsletter as it features a number of job, academic, and enrichment opportunities that may be of interest to you. We will continue to forward more time-sensitive information to you via the undergraduate listservs.

Have a relaxing and safe break!

Beth Kurtz-Costes
Director of Undergraduate Research
Department of Psychology



Alternative Spring Break (ASB) typically lasts eight days during spring break in March.

CAROLINA CENTER *for* PUBLIC SERVICE

Through alternative breaks, students have opportunities for hands-on work while learning about the bigger issues behind the issues they are addressing. During break, students apply what they are learning about the focus issues and communities at different sites through direct and indirect service as well as advocacy work. **APPLES** sponsors five ASB experiences including Latino issues, rural empowerment, urban poverty, civil rights, and disaster relief.

The alternative spring break experience includes a **two-credit hour, pass/fail course** in which students examine theories behind community service, coalition building, community asset development as well as specific issues relative to the communities where they volunteer!

There will be two information sessions held in the APPLES Office (Union 3514) on **Tuesday, October 22nd from 6-7PM** and **Wednesday, October 23rd from 8-9PM**.

The 2014 Alternative Spring Break Timeline is as follows:

October 8: Participant application opens
October 28: Participant application closes
January 8: ASB course and recitations begin
March 7-16: Spring break

Participant applications can be accessed at <http://www.unc.edu/ccps/portal/> beginning October 8th at 12:00 AM and will close on October 28th at 11:59 PM.



Immediate Employment Opportunity!

We are looking for employees, like UNC students, to help work with children and adults with Autism and other intellectual/developmental disabilities. The work is all one on one in the family's home and in the community. You would work with individuals on a variety of skills such as language/communication, self help skills, socialization, gross/fine motor skills, etc. All of our current openings are listed on our website so you are able to choose a schedule and location that works best for you and contact the hiring QP for that position directly! We have many openings in the Durham and Chapel Hill areas! Please look under the "employment" section on the website for more info.

It is a great opportunity for you to help an individual with a disability while adding the experience to your resume. **We also pay competitive rates!!**

If you have any questions, you can check out our website at www.asmallmiracleinc.com or call Beth Gaul at 919-854-4400.

An excellent opportunity to make a difference and gain valuable experience! A Small Miracle, Inc. is an EOE.

\$8.50-\$13 per hour

For more information and to view current openings (listed under the employment section), visit our website www.asmallmiracleinc.com



SOAR is an outdoor and experiential education program utilizing 10, 12, 18, and 26 day expedition style adventures with youth diagnosed with Attention Deficit Hyperactivity Disorders and/or Learning Disabilities. Programs are co-ed, students are between the ages of 8 - 25, and groups consist of 7-8



SOAR
 Success Oriented Achievement Realized
 P.O. Box 388 Balsam, North Carolina 28707
 828-456-3435 Fax: 828-456-3449
www.soarnc.org

students with 2 staff. Course sites include the North Carolina Smokies, Florida Keys, Wyoming, and California. Activities include rock climbing, whitewater rafting, backpacking, orienteering, llama treks, horsepacking, mountain biking, caving, snorkeling, scuba diving, surfing, and sea kayaking.

OUTDOOR TRIP LEADER

RESP: Supervise a group of 7-8 students (2 staff per group), for 24 hours a day, on 10 to 26 day courses; facilitate a safe and successful experience during the adventure based portions of the course; facilitate the development of life skills, organizational skills, self-esteem, problem-solving strategies, communication techniques, and social skills; assist in developing personal goals for each student; write a comprehensive student evaluation at the end of each course; and act as a role model for students by demonstrating maturity, responsibility, good organizational skills, and professional behavior.

QUAL: Minimum 20 years of age (21 and older preferred); 2 years of college experience, in human service related field preferred (e.g., Education, Psychology, Recreation); current first aid and CPR certifications (minimum WFA required for NC, WY, & CA staff; Lifeguard required for FL and CA staff); experience and/or desire to work with LD and AD/HD youth; patience, energy, enthusiasm, flexibility, maturity, and integrity required; experience in and/or desire to learn outdoor adventure activities; strong organizational and time management skills preferred.

ACTIVITY SPECIALIST

RESP: Work with groups of 7-8 students with 2 instructors to facilitate a safe and successful experience during the adventure activity portions of 10 to 26 day courses.

NC & WY: set rock climb sites and act as site manager; facilitate and manage high ropes course activities; support caving activities; provide relief to instructors in the field; work with youth in-between courses; support whitewater rafting days; potentially lead mountain biking activities. *WY only – support flat-water canoeing and riflery.*

FL & CA: facilitate water-based activities such as sea kayaking and snorkeling; manage logistics for groups during and between courses including managing, repairing, and transporting group gear and purchasing of food during course; provide relief to instructors in the field; facilitate use of ocean water craft such as motor boats or jet skis (FL only); set rock climb sites and act as site manager (CA only).

QUAL: Minimum 20 years of age (21 and older preferred). Minimum of 2 years college experience, preferable in Recreation Therapy, Outdoor Recreation, Education, or Psychology. First Aid and CPR required (minimum WFA required for NC, WY, & CA staff). Lifeguard certification required for FL, WY and CA staff. Strong experience required in technical skills such as rock site facilitation and management, ropes course facilitation, white water rafting, caving, mountain biking, or ocean/water activities (FL & CA only). Patience, energy, enthusiasm, flexibility, maturity, and integrity required. Use of personal vehicle required for NC & WY (vehicle stipend provided).

BENEFITS: \$2000-\$3000/season, d.o.e. Extensive two-week training. Available May 19 – August 17, 2014, depending on course area.



Serving Individuals with Developmental Disabilities and their Families in Chapel Hill and Orange County

We offer home and community based services to help individuals achieve their full potential!

- Seeking Reliable Direct Care Staff and Back-Up Staff to work with Individuals with Developmental Disabilities
- Must be energetic & willing to engage with the individual
- Provide in-home or community-based services
- Great hands-on experience for any career that involves working with people

Required Minimum Qualifications:

Eighteen (18) years old or older
High School diploma (or equivalent)
Effective communication skills
High level of patience and compassion
High level of professional conduct
Certification in CPR/First Aid, Bloodborne Pathogens, Cultural Diversity, and Crisis Intervention (agency will provide if needed)
Good driving record
Negative pre-employment drug screening

Preferred Qualifications:

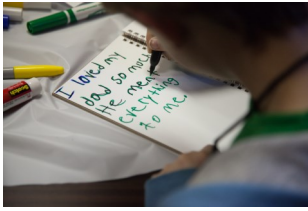
Experience in crisis intervention
Specific training relevant to the care of individuals with developmental disabilities
Specific training on childcare and/or child development

Compensation: \$9.00-\$10.50 per hour based on education, experience, and services provided

We are also looking for back-up staff! We try to eliminate on-the-spot calls by having back-up staff commit to certain days of the week or times of day

If interested, please visit www.arcoforange.org/workforus to download an application. Once completed, please email to tnorquest@arcoforange.org

1 in 7 children lose a parent before the age of 20...



Comfort Zone Camp is the nation's largest bereavement camp for children ages 7-17 who have experienced the death of a parent, sibling or primary caregiver. Each camper is matched with a Big Buddy mentor for the weekend.



Why is this grief camp so important? This camp gives kids permission to grieve in a healing and supportive environment. Children will be encouraged to share their stories openly and without reservation; to celebrate the lives of their loved ones and to feel the love and support of others who have experienced loss. It is a weekend of shared experiences, shared love and renewed hope for the children, parents, buddy mentors and volunteers.



In North Carolina
Because NC cares for grieving children

Volunteer for Comfort Zone Camp In North Carolina

A free program for grieving children and young adults

Comfort Zone Camp NC is a free weekend camp program for kids, teens and young adults who have experienced the loss of a parent, sibling or primary caregiver, regardless of when the death occurred.

Each child is paired one-to-one with an adult Big Buddy volunteer. The Big Buddy role includes:

- Ability to donate a weekend of your time to be a Big Buddy; or part-time if a floater
- Play, talk, listen
- Participation in all aspects – including the silly

Other roles include Floaters, Nurses or Grief Therapists

All volunteers must complete our 6 hour training and pass background check before volunteering



Upcoming 2013 North Carolina Trainings:

Saturday, November 2, 2013
9:00 am – 3:00 pm
New York Life
3200 Beechleaf Ct. #820
Raleigh, NC 27604
(Lunch will be provided by Chik-Fil-A)

2014 Weekend Camp at Camp Kanata in Wake Forest, NC

March 28-30, 2014

Visit our website for more information:
www.czcnc.org or call 919.609.8222



NEUROBIOLOGY

Why choose UNC-Chapel Hill for your Ph.D. in Neurobiology?

The Neurobiology Curriculum at UNC-Chapel Hill has a pioneering tradition as one of the first neuroscience graduate programs in the country, and has continually evolved to prepare students for the ever changing scientific career landscape.

We provide a world class training environment in molecular, cellular, computational, systems, and behavioral neurosciences, as applied to both basic and clinical questions. Our research ranges from molecules to humans, including stem cells, *Drosophila* genetics, mouse genetic models, human brain imaging, and drug development, to name a few. We emphasize training based on cutting edge research techniques including optogenetics and multiphoton imaging based measurement of ensemble neural activity.

Our students are an energetic and diverse group from all over the world. Their thesis work is published in the highest quality journals including *Nature*, *Science*, *Neuron*, and *Nature Neuroscience*. Our alumni occupy leading positions in universities, medical schools, liberal arts colleges, biotechnology and pharmaceutical companies, regulatory agencies, consulting firms, and scientific publishing.

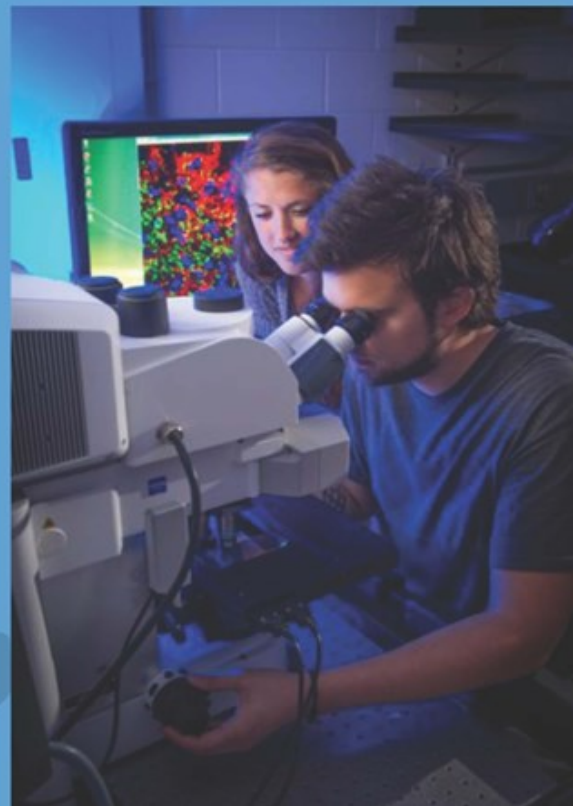
In addition to rigorous course work and scientific accomplishments, we emphasize collegiality, collaboration, and career development as integral parts of all neurobiology educational and research activities. There are numerous career enhancing community activities including a weekly campus-wide neuroscience seminar, weekly research talks given by students, an annual symposium, and an annual student research day. Please visit our website and consider applying!



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL

www.med.unc.edu/neurobiology
bbbsp.unc.edu

Search keywords: **unc neurobiology**
Phone: **919-966-1260**
Email: neurobiology@med.unc.edu



How to Apply

If you are interested in the Neurobiology Curriculum at UNC-CH, please apply through the Biological & Biomedical Sciences Program (BBSP), the umbrella admissions program for graduate studies in biomedical sciences at UNC-Chapel Hill.

The Neurobiology Curriculum is enthusiastically committed to graduate training of under-represented minority students, individuals with disabilities, and individuals from disadvantaged backgrounds. We encourage interested students to contact the Neurobiology Curriculum directly with any questions they may have regarding the program or the application process.

bbbsp.unc.edu | www.med.unc.edu/neurobiology | neurobiology@med.unc.edu





▶ EMOTION REGULATION & AFFECTIVE
NEUROSCIENCE

▶ HEALTH RISK PERCEPTIONS &
DECISION MAKING

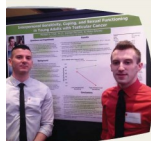


▶ MENTAL AND PHYSICAL HEALTH
DISPARITIES

▶ STRESS & COPING PROCESS

▶ GENDER & HEALTH

▶ HIV PREVENTION & LGBT HEALTH



▶ EXPERIMENTAL PSYCHOPATHOLOGY
▶ CANCER SURVIVORSHIP & CHRONIC
ILLNESS

▶ ADDICTION & SMOKING CESSATION

▶ MOOD & ANXIETY DISORDERS

Health Psychology & Clinical Science

PH.D. PROGRAM AT THE CITY UNIVERSITY OF NEW YORK

The program adopts a focus on the interaction of physical and mental health, health disparities and the sociocultural context, and the advancement of health equity from a biopsychosocial perspective.

The Ph.D. program in Health Psychology and Clinical Science trains outstanding research scientists in the biopsychosocial determinants of physical and mental health of individuals, families, and communities. Doctoral students receive a thorough grounding in both health psychology and clinical science, including current theoretical perspectives, the conduct and evaluation of scientific research, and the implementation of prevention and intervention trials across diverse populations.

Program Faculty:

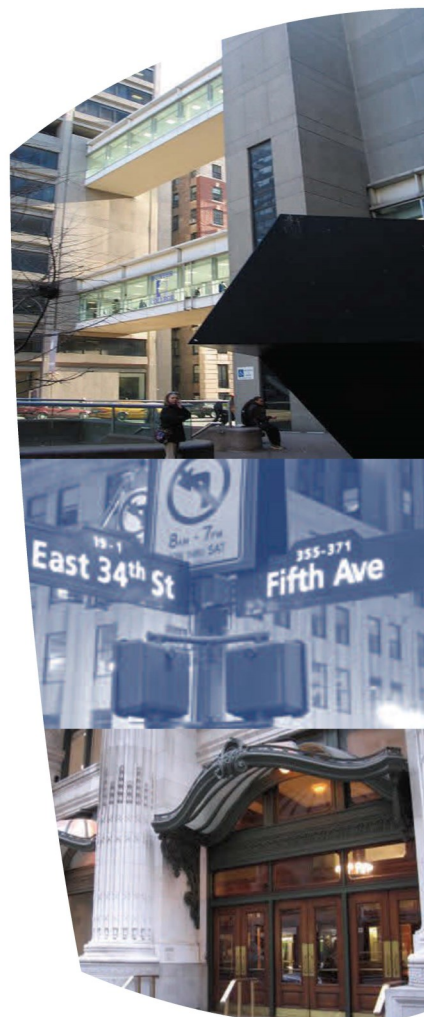
- ◆ Cheryl Carmichael
- ◆ Anil Chacko
- ◆ Tracy Dennis
- ◆ Joel Erbllich
- ◆ Sarit Golub
- ◆ Renee Goodwin
- ◆ Michael Hoyt
- ◆ Doug Mennin
- ◆ Regina Miranda
- ◆ Jeffrey Parsons
- ◆ Laura Reigada
- ◆ Tracey Revenson
- ◆ Margaret Rosario
- ◆ Mariann Weierich



For more information:

<http://cunyclinicalandhealthgrad.net/>

- ◆ Tracey Revenson (TRevenson@gc.cuny.edu), health psychology emphasis
- ◆ Doug Mennin (dmennin@hunter.cuny.edu), clinical science emphasis



THE UNIVERSITY OF PITTSBURGH SCHOOL OF EDUCATION

Ph.D. Program in Learning Sciences and Policy

Why Learning Sciences & Policy?

Our program is based on the belief that understanding learning, teaching, and organizations is best undertaken as an interactive system, and that an integrated and coordinated interdisciplinary approach is best suited to understand, design and implement educational change. The program combines disciplines in learning sciences, teaching in the content disciplines, and organization and policy studies with the goal of improving instruction at scale, and is predicated on the idea that successful policy solutions will require learning on the part of educational professionals at all levels of the system.

UNIQUE FEATURES OF THE PROGRAM

- Active involvement in ongoing research projects
- Integrated coursework that covers the fields of Learning Sciences, Learning Policy and organization, and Content Area Learning
- Policy and design internships with projects including the Institute for learning, the Learning Policy center, University of Pittsburgh's Center of Out-of-School Learning Environments (UPCLOSE), Pittsburgh Science of Learning center (PSLC), and SWoRD (the Design-based Learning Project)
- Access to city-wide resources in education and public policy including RAND-Pittsburgh and Carnegie Mellon University
- Funding (for 3 years) to admitted students through research assistantships

Active Faculty Research Projects Include:

Improving instruction through project-based curriculum • Implementation of No Child Left Behind • Effect of instructional coaching on Professional learning in Implementation of reform Examining the effects of student learning • The effects of learning from text • School Instructional design for supporting Technology-scaffolded peer evaluation in instructional improvement • Knowledge • Effects of CSR programs on teaching managing science instruction • Reasoning and Validity and technical issues in large-scale assessment programs • Role of induction and professional development in quality of instruction • Special education in the context of NCLB



FACULTY

Heather Bachman
William Bickel
Richard Correnti
Kevin Crowley
Michael Ford
Jim Greeno
Laura Hamilton
Linda Kucan
Suzanne Lane
Alan Lesgold
Lindsay Clare Matsumura
Timothy Nokes
Lauren Resnick
Jennifer Russell
Christian Schunn
Margaret Smith
Mary Kay Stein (Chair)

Application deadline: January 1

For information about how to apply please contact
Program Chair, **Mary Kay Stein** at mkstein@pitt.edu or (412) 624-6971

For more information on the program
visit us at www.education.pitt.edu/LSAP



PhD Studentships in Developmental Cognitive Neuroscience and Developmental Psychology



The Brain & Psychological Sciences Research Centre (BpsyC) at Swinburne University of Technology (located in Melbourne, Australia) is currently seeking motivated people to take up scholarships to undertake postgraduate (PhD) research in the fields of Cognitive Neuroscience (with a developmental emphasis) and Developmental Psychology. The BPsyC is a newly formed centre with state-of-the-art infant and child testing facilities including child-friendly high-density EEG and infrared -eye tracking systems. The centre also includes on-site fMRI, MEG, and TMS capability. Students would be invited to develop their own proposals for research and extend existing projects including (but not limited to) those in the following areas:

- *Young children's use of technology (e.g., video communication, touch screen devices)*
- *Neural mechanisms involved in infant memory, face processing and object processing*
 - *The development of neural patterns underlying perception of space and time*
 - *Behavioral and neural markers of autism spectrum disorder in infancy*

Australian and overseas candidates with a 4-year bachelor's degree (achieved or expected) in any relevant area are encouraged to apply. Competitive scholarship schemes (including tuition and stipend) are available for both international and Australian students.

Completed applications and all materials must be received by 30 October, 2013. Applicants from outside Australia are strongly encouraged to express interest early.

For more information on the program and how to apply, please contact: Dr. Jordy Kaufman at: jkaufman@swin.edu.au +61 3 9214 5757.

Registration for Rethink Psychiatric Illness Fall 2013 trainings is now OPEN!

Rethink offers trainings that educate participants about the basics about mental illnesses, where to find help, how to use inclusive language and the specific actions they can take to act as advocates. Trainings are a great way to start a conversation about this important issue and a powerful experience for many participants who say Rethink gave them a chance to speak up and become allies. Learn how YOU can make a difference. Additionally, this training meets the skills training requirement for Buckley Public Service Scholars.



Register [here](#).

Visit their [Facebook event page](#) for more information.

20th Annual Psychology Undergraduate Conference

Saturday, November 9, 2013

NC Central University

*Keynote Speaker: [Dr. Norman B. Anderson](#), APA CEO & Executive Vice President
"Experts in Behavior: The Amazing Work Psychologists are Doing to Improve People's Lives"*

Also:

Student Poster Session

Information about "Getting Into Graduate School"

Small Group Sessions on Different Areas of Psychology

Graduate School Representatives

*Registration forms are posted in the student section of: www.ncpsychology.org. Registration is \$30.00 (includes lunch & other materials) if you sign up **before October 30th**.*

If you have questions please email carol@ncpsychology.org.

Getting in and Succeeding in Graduate School in Psychology

Friday 11-22-13, 4:15-6:15p

Gaylord Opryland Hotel

Nashville, TN

<http://www.abct.org/conv2013/>

This panel is part of the Association for Behavioral and Cognitive Therapies conference but students may attend the panel and welcome party without registering for conference (or you can register and attend entire conference!

Panel Moderators: Karen Christoff, Ph.D., University of Mississippi; Debora Bell, Ph.D., University of Missouri – Columbia

Panel Members: Martin Antony, Ph.D., Ryerson University; Lauren Cox, M.A., University of Mississippi; David J. Hansen, Ph.D., University of Nebraska; Mitchell Prinstein, Ph.D., University of North Carolina at Chapel Hill; Jennifer C. Veilleux, Ph.D., University of Arkansas

Description: This panel will provide general information about graduate school and specific information about individual graduate programs to prospective and early-career graduate students, similar to that provided to prospective interns in the annual internship panel. This panel consists of faculty and graduate students from a variety of clinical psychology Ph.D. programs in the US and Canada.

Panelists will provide information about the graduate school application process, including, how undergraduate students and other prospective applicants can: (1) select a graduate degree and graduate program that meets their training and career goals, (2) best prepare themselves to be successful applicants to graduate programs, and (3) effectively navigate the application process. Panelists will also discuss how, once enrolled in graduate school, students can capitalize on the skills that got them there by focusing on their work ethic, love of learning, passion for research or practice, and channel those skills to build a vita and set of experiences that will prepare them for success at each future step of their graduate careers -- coursework, thesis, practicum experiences, comprehensive examinations, and dissertation.

The panel will be followed by a question and answer session and by a “graduate programs on parade” session where representatives of graduate programs will be available to discuss their particular programs with interested applicants.

- Objective #1: Provide information about activities one could engage in as an undergraduate student that will best prepare him/her for graduate school in psychology.
- Objective #2: Provide information about selecting graduate programs, filing applications, completing a personal statement and interviewing.
- Objective #3: Provide information about strategies for surviving the first year in a graduate program.



Diversifying Clinical Psychology Recruitment Event 2014

This is an opportunity for outstanding undergraduates from underrepresented groups who are interested in getting a PhD in Clinical Psychology to informally meet with Directors from PhD programs across the nation.

**Loews New Orleans Hotel
Saturday - January 18th, 2014**

The event will include an opportunity for students to present posters representing their research, a workshop on how to get into graduate school, and a workshop that will focus on how to best use your time during the reception.

Interested students should fill out an application:
https://sdsuppsychology.qualtrics.com/SE/?SID=SV_9nxeRMgSEprK5gh

Inquiries can be sent to:
Luz Garcini lgarcini@mail.sdsu.edu



Additional information will be sent to those who register.

Unfortunately, CUDCP has no money to fund student transportation, lodging, or other fees. In the past, students' undergraduate institutions or sponsoring organizations such as the McNair Scholars program, COR, MBRS, and MARC have provided funds for students to travel to this conference.

For hotel reservations book your room **BEFORE DECEMBER 24, 2013** to get the \$174/night rate.

Book online:

<http://www.loewshotels.com/en/New-Orleans-Hotel/GroupPages/Clinical-Psychology>

Book by phone:

504-595-3300 or 866-211-6411 and ask for a room in the Council of University Directors of Clinical Psychology room block, group code DCP115



Please help us highlight your interesting research projects and activities in the newsletter! Send all photos and submissions to lauradepersia@unc.edu.

**Looking to gain valuable
experience through volunteer
work?**

Several agencies across NC specifically contact our department seeking psychology majors. This is an excellent way to gain experience for your next job or to help you make decisions about your career path.

Check out the department website [here](#) for volunteer postings!